

**Greco Menu Item Nutritional  
Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>9" Cheese</b>															
9" Garlic Parmesan Crust	92.4	240.8	10.2	23.9	1.5	2.5	11.7	4.1	0.3	17.3	57.4	0.2	156.5	1.5	606.1
<b>9" BBQ Chicken</b>															
9" Garlic Parmesan Crust	103.4	244.1	11.2	25.5	1.1	4.6	11.0	3.3	0.2	26.7	53.0	1.4	110.7	2.8	642.1
<b>9" Canadian</b>															
9" Garlic Parmesan Crust	119.3	280.9	12.7	25.2	1.5	2.9	14.5	4.5	0.2	35.9	45.7	0.6	127.7	2.1	923.5
<b>9" Donair</b>															
9" Garlic Parmesan Crust	117.5	285.0	12.4	28.2	1.7	5.7	13.5	4.5	0.3	25.8	53.7	1.8	146.0	1.9	611.0
<b>9" Spicy Chicken</b>															
9" Garlic Parmesan Crust	110.5	274.2	11.3	25.4	1.1	4.2	14.2	3.8	0.2	29.1	54.4	3.3	110.5	2.8	705.7
<b>9" Greco Works</b>															
9" Garlic Parmesan Crust	138.8	324.9	14.2	26.2	1.6	3.0	18.1	5.7	0.3	45.9	50.8	3.9	134.0	2.0	1060.8
<b>9" Super Works</b>															
9" Garlic Parmesan Crust	149.4	338.1	15.2	26.8	1.7	3.4	18.9	6.1	0.3	47.9	50.8	4.1	135.3	2.0	1101.5
<b>9" Mighty Meaty</b>															
9" Garlic Parmesan Crust	140.9	349.9	15.8	26.3	1.7	3.0	20.2	6.5	0.3	50.8	50.9	0.8	137.1	2.1	1144.4
<b>9" Hawaiian Deluxe</b>															
9" Garlic Parmesan Crust	95.8	234.5	9.0	25.1	1.6	3.6	10.9	3.3	0.2	15.2	40.7	0.9	111.2	1.5	584.1
<b>9" Pepperoni</b>															
9" Garlic Parmesan Crust	110.6	292.5	13.6	24.5	1.6	2.7	15.7	5.6	0.4	33.7	65.0	0.3	169.8	1.8	873.9
<b>9" Veggie</b>															
9" Garlic Parmesan Crust	104.4	223.3	8.5	24.9	1.7	3.3	10.0	3.0	0.2	11.6	47.9	4.5	112.1	1.5	536.4
<b>9" Hawaiian BBQ Chicken</b>															
9" Garlic Parmesan Crust	102.7	257.0	11.9	26.1	1.1	5.1	11.8	3.6	0.2	30.2	47.8	0.9	110.3	2.8	688.1
<b>9" Chipotle Donair</b>															
9" Garlic Parmesan Crust	117.5	296.4	12.1	27.5	1.6	5.1	15.2	4.7	0.3	26.7	56.6	2.8	132.4	2.0	659.7

**Greco Menu Item Nutritional  
Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>12" Cheese</b>															
12" Garlic Parmesan Crust	89.7	231.1	10.1	24.8	1.4	2.2	10.3	3.8	0.2	16.5	53.1	0.1	147.9	1.5	569.5
<b>12" BBQ Chicken</b>															
12" Garlic Parmesan Crust	104.6	238.8	11.3	27.0	1.2	4.6	9.7	3.1	0.2	26.2	49.5	1.4	105.3	2.9	627.3
<b>12" Canadian</b>															
12" Garlic Parmesan Crust	106.4	253.2	11.4	25.7	1.4	2.5	11.8	3.8	0.2	27.8	40.4	0.4	115.2	1.9	768.2
<b>12" Donair</b>															
12" Garlic Parmesan Crust	115.3	274.8	12.3	28.6	1.7	4.8	12.3	4.3	0.3	25.1	50.2	1.8	132.9	2.0	593.4
<b>12" Spicy Chicken</b>															
12" Garlic Parmesan Crust	108.2	258.3	11.3	26.2	1.2	3.6	12.1	3.4	0.2	27.9	49.4	2.8	104.2	2.9	663.7
<b>12" Greco Works</b>															
12" Garlic Parmesan Crust	129.4	300.5	13.4	26.8	1.5	2.6	15.6	5.1	0.3	40.2	45.9	3.7	123.4	2.0	947.4
<b>12" Super Works</b>															
12" Garlic Parmesan Crust	140.1	313.7	14.3	27.4	1.7	3.1	16.4	5.4	0.3	42.2	45.9	4.0	124.8	2.0	988.1
<b>12" Mighty Meaty</b>															
12" Garlic Parmesan Crust	131.6	325.5	14.9	26.9	1.6	2.6	17.6	5.9	0.3	45.1	46.0	0.6	126.5	2.0	1031.0
<b>12" Hawaiian Deluxe</b>															
12" Garlic Parmesan Crust	99.0	230.6	9.7	26.2	1.5	3.4	9.7	3.1	0.2	16.8	37.2	0.8	104.6	1.6	605.7
<b>12" Pepperoni</b>															
12" Garlic Parmesan Crust	106.3	278.5	13.2	25.4	1.5	2.3	14.0	5.2	0.3	31.5	59.9	0.2	159.3	1.8	815.1
<b>12" Veggie</b>															
12" Garlic Parmesan Crust	102.1	214.5	8.5	25.8	1.7	2.9	8.7	2.7	0.2	11.0	44.4	4.5	105.5	1.6	502.8
<b>12" Hawaiian BBQ Chicken</b>															
12" Garlic Parmesan Crust	103.9	251.7	12.0	27.5	1.2	5.2	10.6	3.4	0.2	29.7	44.2	0.9	105.0	2.9	673.3
<b>12" Chipotle Donair</b>															
12" Garlic Parmesan Crust	118.8	291.1	12.1	29.0	1.6	5.1	13.9	4.5	0.3	26.1	53.1	2.7	127.1	2.0	644.9

**Greco Menu Item Nutritional Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>15" Cheese</b>															
15" Garlic Parmesan Crust	95.4	245.7	10.7	26.0	1.5	2.4	11.1	4.1	0.2	17.6	56.0	0.1	158.0	1.6	596.0
<b>15" BBQ Chicken</b>															
15" Garlic Parmesan Crust	116.7	259.8	11.8	30.1	1.3	6.6	10.4	3.3	0.2	26.9	55.8	1.8	114.9	3.0	672.8
<b>15" Canadian</b>															
15" Garlic Parmesan Crust	108.8	257.6	11.3	26.9	1.5	2.6	11.8	3.8	0.2	26.1	42.3	0.4	122.5	2.0	759.7
<b>15" Donair</b>															
15" Garlic Parmesan Crust	123.8	289.2	12.8	30.2	1.8	5.3	12.9	4.4	0.3	25.9	53.5	2.1	142.3	2.1	609.8
<b>15" Spicy Chicken</b>															
15" Garlic Parmesan Crust	116.7	274.6	11.8	27.7	1.3	4.0	13.1	3.7	0.2	28.9	53.2	3.3	111.3	3.0	688.2
<b>15" Greco Works</b>															
15" Garlic Parmesan Crust	139.0	321.8	14.3	28.2	1.6	2.8	16.9	5.5	0.3	43.6	48.3	4.2	131.7	2.1	1007.3
<b>15" Super Works</b>															
15" Garlic Parmesan Crust	152.2	338.2	15.5	29.0	1.8	3.4	17.9	5.9	0.3	46.0	48.3	4.6	133.3	2.1	1057.6
<b>15" Mighty Meaty</b>															
15" Garlic Parmesan Crust	142.3	352.4	16.2	28.3	1.7	2.8	19.4	6.4	0.3	49.6	48.6	0.6	135.4	2.2	1109.1
<b>15" Hawaiian Deluxe</b>															
15" Garlic Parmesan Crust	107.8	248.6	10.6	27.6	1.6	3.8	10.6	3.4	0.2	19.0	38.9	0.9	111.6	1.7	653.3
<b>15" Pepperoni</b>															
15" Garlic Parmesan Crust	112.6	294.3	13.8	26.6	1.6	2.5	14.9	5.5	0.3	33.2	62.2	0.2	167.7	1.9	852.3
<b>15" Veggie</b>															
15" Garlic Parmesan Crust	111.7	228.6	9.0	27.3	1.8	3.3	9.4	2.9	0.2	11.8	48.0	5.3	112.8	1.7	524.6
<b>15" Hawaiian BBQ Chicken</b>															
15" Garlic Parmesan Crust	114.9	275.5	12.7	30.7	1.2	7.3	11.5	3.7	0.2	31.3	48.9	1.0	114.3	3.0	730.4
<b>15" Chipotle Donair</b>															
15" Garlic Parmesan Crust	126.1	303.8	12.6	30.2	1.7	5.3	14.6	4.7	0.3	26.9	56.4	3.1	133.9	2.1	660.3

**Greco Menu Item Nutritional Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>Party Cheese</b> Party Garlic Parmesan Crust	70.0	173.6	7.6	20.6	1.2	1.8	6.9	3.0	0.7	11.5	34.2	0.1	104.0	1.3	428.3
<b>Party BBQ Chicken</b> Party Garlic Parmesan Crust	83.8	181.5	8.4	22.9	1.0	4.3	6.4	2.5	0.7	17.8	34.2	1.3	75.5	2.2	471.3
<b>Party Canadian</b> Party Garlic Parmesan Crust	75.1	178.2	7.7	20.9	1.2	2.0	7.2	2.8	0.7	14.5	23.7	0.2	76.0	1.4	482.8
<b>Party Donair</b> Party Garlic Parmesan Crust	89.7	203.0	9.1	23.4	1.3	3.9	8.1	3.3	0.8	17.1	33.2	1.5	95.1	1.6	434.6
<b>Party Spicy Chicken</b> Party Garlic Parmesan Crust	86.1	197.4	8.4	21.9	1.0	3.1	8.6	2.8	0.7	19.3	33.6	2.5	74.0	2.2	498.6
<b>Party Greco Works</b> Party Garlic Parmesan Crust	84.6	190.9	8.2	21.4	1.3	2.1	8.1	3.1	0.7	17.6	26.5	3.2	78.4	1.4	527.8
<b>Party Super Works</b> Party Garlic Parmesan Crust	90.7	196.4	8.6	21.8	1.4	2.5	8.4	3.3	0.7	16.4	25.6	3.4	76.9	1.4	515.5
<b>Party Mighty Meaty</b> Party Garlic Parmesan Crust	87.4	215.5	9.8	21.5	1.3	2.1	10.1	3.9	0.7	22.4	26.6	0.3	81.4	1.5	609.5
<b>Party Hawaiian Deluxe</b> Party Garlic Parmesan Crust	81.1	179.3	7.8	21.9	1.3	2.9	6.8	2.6	0.7	13.4	23.2	0.7	74.1	1.3	485.1
<b>Party Pepperoni</b> Party Garlic Parmesan Crust	84.0	212.9	10.3	21.3	1.2	1.9	9.7	4.1	0.8	24.8	39.2	0.2	119.9	1.5	612.9
<b>Party Veggie</b> Party Garlic Parmesan Crust	83.2	163.2	6.5	21.5	1.4	2.5	5.8	2.3	0.7	7.7	29.9	4.2	75.0	1.3	382.1
<b>Party Hawaiian BBQ Chicken</b> Party Garlic Parmesan Crust	83.2	194.2	9.1	23.5	1.0	4.8	7.3	2.8	0.7	21.3	29.3	0.8	75.2	2.2	517.4
<b>Party Chipotle Donair</b> Party Garlic Parmesan Crust	90.9	212.2	8.9	23.3	1.3	3.7	9.2	3.5	0.8	17.7	35.2	2.2	88.7	1.6	468.0

**Greco Menu Item Nutritional  
Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>XXL Cheese</b>															
XXL Garlic Parmesan Crust	65.8	159.7	7.4	18.5	1.0	1.7	6.3	3.0	0.6	12.0	35.9	0.0	106.4	1.1	388.1
<b>XXL BBQ Chicken</b>															
XXL Garlic Parmesan Crust	77.7	169.0	8.3	20.7	0.9	4.1	6.1	2.6	0.6	18.4	37.2	1.0	84.1	2.0	434.5
<b>XXL Donair</b>															
XXL Garlic Parmesan Crust	80.4	182.6	8.6	20.6	1.1	3.3	7.3	3.2	0.6	16.7	35.4	1.2	100.0	1.3	385.1
<b>XXL Spicy Chicken</b>															
XXL Garlic Parmesan Crust	77.7	177.8	8.3	19.2	0.9	2.5	7.7	2.8	0.6	19.6	35.7	1.9	81.9	2.0	443.7
<b>XXL Pepperoni</b>															
XXL Garlic Parmesan Crust	77.1	189.9	9.4	18.9	1.1	1.8	8.7	3.8	0.6	22.0	39.5	0.1	112.3	1.3	553.0
<b>XXL Hawaiian BBQ Chicken</b>															
XXL Garlic Parmesan Crust	82.2	179.7	8.8	21.3	0.9	4.6	6.7	2.8	0.6	21.1	37.5	1.3	84.3	2.0	469.3

**Greco Menu Item Nutritional  
Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>Jumbo Meats</b>															
Jumbo Garlic Parmesan Crust	276.0	695.7	31.9	64.9	4.1	6.5	34.5	11.6	0.6	71.8	99.2	0.5	284.8	4.2	1937.5
<b>Jumbo Works</b>															
Jumbo Garlic Parmesan Crust	291.3	625.6	26.7	66.4	4.2	8.2	28.3	9.2	0.5	54.3	105.9	15.9	286.1	4.4	1633.4
<b>Jumbo Donair</b>															
Jumbo Garlic Parmesan Crust	341.8	748.9	33.6	79.2	4.8	18.1	32.8	11.5	0.8	69.2	141.4	6.9	391.3	5.2	1543.4
<b>Jumbo Veggie</b>															
Jumbo Garlic Parmesan Crust	291.3	557.7	21.9	66.7	4.6	8.7	22.7	7.1	0.5	29.1	129.3	20.9	280.5	4.1	1269.8
<b>Jumbo Pepperoni</b>															
Jumbo Garlic Parmesan Crust	228.7	613.6	25.7	63.1	3.8	5.8	28.8	9.5	0.6	50.2	104.3	0.2	276.2	4.2	1611.9
<b>Jumbo Hawaiian</b>															
Jumbo Garlic Parmesan Crust	269.2	582.6	24.8	68.1	4.0	10.7	23.4	7.4	0.5	40.0	96.3	3.3	275.2	4.0	1540.1

**Greco Menu Item Nutritional  
Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
12" Mozza Stuffed Crust Only	68.0	180.6	8.3	22.8	1.0	1.1	6.6	2.2	0.1	10.6	31.9	0.0	93.5	1.4	382.4
15" Mozza Stuffed Crust Only	160.9	944.6	8.1	23.9	1.1	1.1	90.9	8.4	0.9	9.6	28.8	0.0	85.1	1.4	382.1
Party Mozza Stuffed Crust Only	54.3	146.2	6.2	19.0	0.8	0.9	5.3	2.0	0.6	7.1	21.3	0.0	63.3	1.1	297.4

**Greco Menu Item Nutritional  
Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>Gluten Free Works</b> Gluten Free Crust	76.0	170.0	5.6	17.7	0.5	1.6	8.3	2.8	0.1	15.8	21.3	0.4	66.4	0.4	333.1
<b>Gluten Free Meats</b> Gluten Free Crust	76.0	187.6	7.0	17.4	0.5	1.3	9.7	3.3	0.1	21.0	23.4	0.1	68.5	0.5	433.4
<b>Gluten Free Veggie</b> Gluten Free Crust	76.0	139.9	3.7	17.9	0.6	1.8	5.7	1.8	0.1	6.6	26.3	4.4	65.5	0.3	192.5
<b>Gluten Free Hawaiian</b> Gluten Free Crust	72.8	156.1	5.0	18.2	0.5	2.2	6.7	2.2	0.1	12.3	19.1	0.7	64.6	0.3	295.4
<b>Gluten Free Donair</b> Gluten Free Crust	85.5	195.3	7.3	19.6	0.6	2.7	9.3	3.3	0.2	20.5	32.1	1.7	85.1	0.7	280.3
<b>Gluten Free Pepperoni</b> Gluten Free Crust	60.7	155.7	4.7	17.0	0.4	1.1	7.4	2.4	0.1	12.3	21.3	0.0	64.9	0.3	285.6



**Greco Menu Item Nutritional  
Summary (per donair)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>1/4 lb.</b>	258.0	519.7	26.8	53.0	3.9	18.7	21.1	8.4	0.6	75.0	57.9	6.0	201.1	4.6	1009.8
<b>1/4 lb. with cheese</b>	292.0	610.4	34.8	53.0	3.9	18.7	27.9	12.9	0.9	97.7	125.9	6.0	388.2	4.6	1293.3
<b>1/2 lb.</b>	436.6	878.2	47.4	71.8	6.6	29.7	41.8	16.7	1.2	148.6	115.6	12.0	314.2	7.6	1777.0
<b>1/2 lb. with cheese</b>	486.2	1010.5	59.0	71.8	6.6	29.7	51.7	23.3	1.6	181.7	214.9	12.0	587.1	7.6	2190.5
<b>3/4 lb.</b>	578.3	1227.1	67.6	88.5	8.9	39.1	62.5	25.0	1.9	222.2	156.9	14.5	421.9	10.5	2541.9
<b>3/4 lb. with cheese</b>	646.4	1408.6	83.5	88.5	8.9	39.1	76.1	34.0	2.3	267.5	293.0	14.5	796.1	10.5	3108.9
<b>Donair Burger</b>	176.2	378.5	17.3	46.4	2.7	14.6	13.0	4.3	0.3	37.5	20.6	2.1	153.2	3.8	746.2

**Greco Menu Item Nutritional  
Summary (per slice)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>9" Garlic Finger</b>	25.3	77.1	2.8	7.3	0.3	0.3	4.1	1.4	0.1	4.5	33.0	0.0	39.7	0.4	151.6
9" Garlic Finger with Bacon	28.0	84.4	3.3	7.4	0.3	0.4	4.6	1.6	0.1	6.8	33.0	0.0	39.8	0.4	181.8
<b>12" Garlic Finger</b>	25.0	75.2	2.6	7.9	0.3	0.4	3.7	1.2	0.1	3.6	30.3	0.0	32.3	0.5	146.2
12" Garlic Finger with Bacon	27.7	82.4	3.1	7.9	0.3	0.4	4.3	1.4	0.1	5.8	30.3	0.0	32.4	0.5	176.0
<b>15" Garlic Finger</b>	17.0	51.8	1.7	5.5	0.2	0.3	2.6	0.8	0.1	2.2	19.5	0.0	19.8	0.3	97.4
15" Garlic Finger with Bacon	18.8	56.5	2.0	5.5	0.2	0.3	2.9	0.9	0.1	3.6	19.5	0.0	19.9	0.3	117.0
<b>Party Garlic Finger</b>	19.6	58.7	2.0	6.5	0.3	0.3	2.8	1.0	0.2	2.4	20.2	0.0	21.8	0.4	111.6
Party Garlic Finger with Bacon	21.4	63.5	2.3	6.6	0.3	0.3	3.1	1.1	0.2	3.9	20.2	0.0	21.9	0.4	131.4

**Greco Menu Item Nutritional  
Summary (per wing)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
Greco Chicken Wing - Plain	25.0	52.5	5.3	0.3	0.0	0.3	3.3	0.9	0.1	35.0	10.0	0.0	11.0	0.0	200.0

**Greco Menu Item Nutritional  
Summary (per 12" sandwich)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>Donair</b>															
12" White Bun	502.5	1129.4	62.4	121.2	7.2	23.9	41.8	20.6	1.3	148.4	292.0	43.9	726.2	11.6	2645.6
12" Wheat Bun	467.5	1051.1	58.5	100.5	8.4	22.7	42.4	20.5	1.3	148.4	216.4	32.4	643.1	8.9	2413.4
12" GlutenGone Bun	554.9	1265.1	49.6	135.4	24.2	19.4	55.8	21.9	1.2	126.4	210.7	9.5	774.2	10.0	2204.7
<b>Assorted</b>															
12" White Bun	501.1	985.8	47.6	104.1	5.4	12.1	41.7	16.7	0.8	101.1	263.8	53.6	574.7	9.2	2940.5
12" Wheat Bun	466.1	922.5	43.7	88.4	7.7	11.3	42.9	16.5	0.8	101.1	248.2	46.6	557.6	7.6	2708.3
<b>Veggie</b>															
12" White Bun	457.5	864.6	38.4	106.3	5.9	16.3	31.5	13.2	0.7	52.1	254.0	56.1	548.8	8.6	2102.6
12" Wheat Bun	422.5	801.3	34.5	90.6	8.1	15.5	32.7	13.0	0.7	52.1	238.5	49.1	531.7	7.0	1870.4
12" GlutenGone Bun	495.4	928.1	29.9	118.8	22.6	9.3	36.4	13.8	0.6	52.1	177.0	18.7	641.0	7.4	1984.0
<b>Pizza</b>															
12" White Bun	416.9	1065.4	46.9	107.2	6.3	11.0	47.9	19.5	1.0	103.5	459.2	45.6	589.1	9.6	2816.5
12" Wheat Bun	381.1	987.1	43.0	86.5	7.5	9.7	48.5	19.3	1.0	103.5	383.6	34.1	506.0	6.9	2584.3
12" GlutenGone Bun	489.5	1096.3	39.3	122.0	23.5	10.2	48.8	18.1	0.9	92.5	159.7	10.8	649.2	8.4	2378.9
<b>Italian</b>															
12" White Bun	416.1	1150.0	46.1	103.1	4.7	8.9	60.5	21.5	1.1	103.5	460.3	46.7	571.8	9.1	3107.5
12" Wheat Bun	381.1	1071.6	42.2	82.4	5.9	7.6	61.1	21.4	1.1	103.5	384.7	35.2	488.7	6.4	2875.3
<b>Bacon Cheese Burger</b>															
12" White Bun	451.2	1126.0	54.3	108.0	7.5	13.1	51.3	21.9	1.3	96.4	438.8	35.6	558.7	8.9	2815.9
12" Wheat Bun	416.2	1062.7	50.4	92.3	9.7	12.3	52.4	21.7	1.3	96.4	423.2	28.6	541.6	7.2	2583.7
<b>Hawaiian</b>															
12" White Bun	505.1	1042.2	48.7	120.0	7.0	25.3	38.4	16.2	0.9	86.1	443.9	43.9	564.3	9.2	2876.6
12" Wheat Bun	470.1	963.9	44.8	99.4	8.3	24.0	39.0	16.1	0.9	86.1	368.4	32.4	481.2	6.6	2644.4
12" GlutenGone Bun	600.1	1126.9	43.6	137.2	24.2	24.8	42.8	15.9	0.6	101.0	141.6	9.9	663.33	8.31	2785.49
<b>BBQ Chicken</b>															
12" White Bun	474.1	984.7	61.9	119.4	4.6	30.1	28.1	14.1	0.7	173.2	301.2	41.6	572.0	19.5	2959.1
12" Wheat Bun	439.1	906.4	58.0	98.8	5.8	28.8	28.7	14.0	0.7	173.2	225.6	30.1	488.9	16.8	2726.9
12" GlutenGone Bun	569.1	1155.3	53.0	137.5	21.7	28.4	42.8	16.0	0.6	132.0	237.2	7.6	703.5	7.9	2140.4
<b>Steak</b>															
12" White Bun	474.1	1076.4	59.4	105.4	4.7	11.6	44.6	18.6	0.9	122.5	450.8	48.3	540.1	10.8	2951.1
12" Wheat Bun	439.1	1013.1	55.6	89.7	7.0	10.8	45.7	18.4	0.9	122.5	435.3	41.3	523.0	9.2	2718.9

**Greco Menu Item Nutritional  
Summary (per Calzone)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
<b>Works</b>	421.3	835.1	38.6	105.0	6.4	11.4	28.8	11.1	0.5	91.2	95.3	11.3	292.11	7.12	2632.56
<b>Meats</b>	437.2	959.6	47.9	105.5	6.7	11.5	38.3	15.0	0.7	120.1	89.0	0.9	292.7	7.1	3126.7
<b>Donair</b>	472.6	920.9	45.3	119.0	6.6	23.8	29.1	12.4	0.7	99.5	140.8	9.1	416.1	8.2	2284.9
<b>Chicken</b>	437.2	806.0	41.6	119.6	4.8	30.3	18.4	7.5	0.4	100.6	156.4	7.6	273.7	12.9	2379.4
<b>Hawaiian</b>	476.8	821.5	38.5	117.9	7.3	25.8	21.4	8.6	0.3	71.0	80.0	9.9	268.7	6.8	2467.1
<b>Pepperoni Duo</b>	395.3	874.8	42.7	103.8	6.3	10.9	32.3	12.6	0.7	112.6	104.7	0.9	306.8	8.1	3078.2

**Greco Menu Item Nutritional  
Summary**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)
Chicken Caesar Salad	293.3	487.4	22.8	17.9	3.5	4.4	36.9	10.2	0.4	105.2	1323.9	6.4	242.2	7.7	1561.7
Caesar Salad	236.6	389.6	10.6	17.2	3.5	3.8	31.8	8.6	0.4	44.7	1313.6	6.4	241.5	2.2	1015.6
Garden Salad	282.1	123.5	7	11.7	4.1	6.1	6.1	2.9	0.2	13.7	1297.1	15.8	176	1.7	889.3

**Ingredient Item Nutritional Information (per 1 oz)**

	Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fibre (g)	Sugar (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Regular White Pizza Dough	28.3	66.5	2.3	13.1	0.6	0.6	0.6	0.1	0.0	0.0	0.0	0.0	3.3	0.8
Garlic Parmesan Crust	28.3	85.3	2.2	11.7	0.5	0.6	3.4	0.4	0.1	0.1	3.4	0.1	5.9	0.7
Pesto Garlic Crust	28.3	85.2	2.1	11.8	0.6	0.6	3.3	0.3	0.1	0.0	4.6	0.2	6.6	0.8
3 Cheese Crust	28.3	85.5	2.2	11.7	0.5	0.8	3.4	0.4	0.1	0.1	3.8	0.0	7.2	0.7
Pretzel Salt Crust	28.3	83.4	2.0	11.4	0.5	0.6	3.3	0.3	0.1	0.0	3.2	0.0	3.1	0.7
Butter Cheese Crust	28.3	85.7	2.2	11.6	0.5	0.7	3.4	0.4	0.1	0.2	3.6	0.0	5.0	0.7
Mozzarella Stuffed Crust	28.3	75.1	3.5	9.5	0.4	0.5	2.7	0.9	0.0	4.4	13.3	0.0	38.9	0.6
Gluten Free Pizza Crust	28.3	79.4	0.9	12.2	0.0	0.0	2.8	0.4	0.0	0.3	0.0	0.0	6.2	0.1
White Oven Sub Bun	28.3	75.6	3.2	15.1	0.0	0.6	0.3	0.2	0.0	0.0	12.6	5.7	13.9	1.3
Wheat Oven Sub Bun	28.3	78.8	3.2	14.7	0.0	0.5	0.5	0.2	0.0	0.0	0.0	4.7	0.0	1.1
GlutenGone Oven Sub Bun	28.3	70.6	1.1	11.8	2.2	0.3	2.1	0.4	0.0	0.0	0.0	0.0	19.4	0.7
Dry Cured Pepperoni	28.3	111.4	6.7	1.0	0.0	0.1	9.0	3.4	0.3	30.6	13.9	0.0	9.1	0.6
3" Sliced Pepperoni	28.3	51.0	3.7	1.1	0.0	0.3	3.7	1.3	0.0	21.3	5.7	0.3	18.7	0.6
Sliced Salami	28.3	73.7	3.1	1.4	0.0	0.0	6.0	2.0	0.1	19.8	5.7	0.3	12.5	0.0
Diced Ham	28.3	25.5	3.7	0.6	0.0	0.3	0.9	0.3	0.0	11.3	0.0	0.0	0.0	0.2
Precooked Bacon	28.3	75.4	5.1	0.7	0.0	0.3	5.8	2.1	0.0	23.2	0.0	0.0	1.8	0.2
Sliced Donair Meat	28.3	77.3	4.6	2.1	0.0	0.5	5.2	2.1	0.2	18.0	10.3	0.6	11.3	0.7
Sausage Topping	28.3	82.7	4.2	1.1	0.4	0.4	6.8	2.3	0.0	15.7	11.1	0.4	18.2	0.5
Beef Crumble	28.3	65.2	5.3	1.1	0.6	0.6	4.5	2.0	0.1	11.3	0.0	0.0	1.3	0.1
Cooked Chicken Breast	28.3	39.9	6.0	0.0	0.0	0.0	1.8	0.6	0.0	20.0	8.0	0.0	8.8	0.1
Chicken Strips	28.3	48.9	6.1	0.4	0.0	0.3	2.6	0.8	0.0	30.3	5.1	0.0	0.4	2.7
Steak Strips	28.3	42.5	5.4	1.1	0.0	0.6	1.7	0.7	0.0	17.0	0.0	0.0	0.0	0.6
Iceburg Lettuce	28.3	4.0	0.3	0.8	0.3	0.5	0.0	0.0	0.0	0.0	14.2	0.8	5.1	0.1
Romaine Lettuce	28.3	4.8	0.3	0.9	0.6	0.3	0.1	0.0	0.0	0.0	246.9	1.1	9.4	0.3
Tomato	28.3	6.0	0.2	1.3	0.3	0.8	0.1	0.0	0.0	0.0	17.6	2.8	1.4	0.1
Onion	28.3	11.3	0.3	2.6	0.5	1.2	0.0	0.0	0.0	0.0	0.1	2.1	6.5	0.1
Green Pepper	28.3	5.7	0.2	1.3	0.5	0.7	0.0	0.0	0.0	0.0	10.5	22.8	2.8	0.1
Spanish Onions	28.3	9.1	0.2	2.1	0.3	1.4	0.0	0.0	0.0	0.0	0.0	1.4	5.7	0.1
Hot Banana Peppers	28.3	11.5	0.2	2.8	0.5	1.9	0.1	0.0	0.0	0.0	66.1	29.4	2.7	0.1
Sliced Black Olives	28.3	32.6	0.2	1.8	0.9	0.0	3.0	0.4	0.0	0.0	11.4	0.3	24.9	0.9
Sliced Green Olives	28.3	41.1	0.3	1.1	0.9	0.2	4.3	0.6	0.0	0.0	11.1	0.0	14.7	0.1
Pizza Cut Pineapple	28.3	18.5	0.1	4.4	0.4	4.0	0.0	0.0	0.0	0.0	1.4	2.7	4.5	0.1
Mushrooms	28.3	6.2	0.9	0.9	0.3	0.6	0.1	0.0	0.0	0.0	0.0	0.6	0.9	0.1
Mozza/Cheddar Cheese Blend	28.3	87.6	7.0	0.0	0.0	0.0	6.2	4.0	0.3	21.0	55.0	0.0	178.9	0.0
Shredded Asiago Cheese	28.3	119.1	7.3	0.0	0.0	0.0	9.9	6.2	0.3	23.8	96.4	0.0	225.7	0.0
Shredded Mozzarella Cheese	28.3	75.6	6.6	0.0	0.0	0.0	5.7	3.8	0.2	18.9	56.7	0.0	155.9	0.0
Pizza Sauce	28.3	28.3	0.5	4.3	0.0	0.0	0.7	0.1	0.0	0.0	0.0	0.0	10.4	0.3
Golden Italian Dressing	28.3	70.6	0.1	2.2	0.1	1.8	7.0	1.1	0.0	0.0	0.6	0.6	1.7	0.0
Light Italian Dressing	28.3	13.0	0.1	1.6	0.0	1.3	0.7	0.1	0.0	0.0	0.9	0.6	2.0	0.0
Garlic Spread	28.3	170.1	0.0	2.8	0.0	0.0	17.0	4.3	0.3	0.0	226.8	0.0	0.0	0.0
Donair Sweet Sauce	28.3	39.7	1.7	8.5	0.0	7.4	0.0	0.0	0.0	1.4	0.0	0.0	62.3	0.0
Ancho Chipotle Sauce	28.3	85.1	0.4	5.7	0.0	4.7	6.6	1.0	0.0	4.7	11.6	3.9	7.9	0.2
Chicken and Rib BBQ Sauce	28.3	49.6	0.3	11.6	0.0	11.1	0.2	0.0	0.0	0.0	17.9	0.3	16.5	0.2
Relish	28.3	28.4	0.1	7.1	0.0	5.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
Seasoned Croutons	28.3	121.0	3.1	19.6	0.8	1.6	3.4	0.3	0.0	0.3	3.3	0.3	13.8	1.1
Caesar Dressing	28.3	106.6	0.8	1.4	0.0	0.6	11.0	2.0	0.1	12.2	0.0	0.3	20.4	0.1